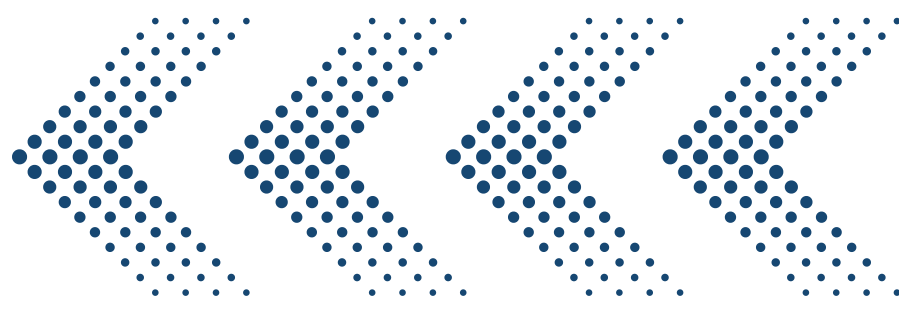


CHEER AND DANCE SHOWCASE

WEST MONROE SPORTS & EVENTS COMPLEX
SATURDAY, JANUARY 20, 2024





Our
ABOUT
Event

We believe in offering a professional experience in a friendly atmosphere with cost-effective prices. Schools and parents repeatedly praise our events for our well-organized schedule, helpful staff, and our unique award system. We believe in showcasing the hard work of every team so friends and families can enjoy! We believe the showcase day should be a day of personal achievement and FUN memories! We will have a professional judging panel that will offer honest critiques for each team with the intention of helping teams prepare for competition, however, this is **NOT** a competition. This event is intended to showcase the talent of Junior High, JV, and Varsity teams in Louisiana. We want our teams to go home proud, excited, and encouraged and our spectators excited and wanting more! Select teams will receive specialty banners and all participants will receive a participation medal. There is a division and category for everyone! So come join the fun and showcase your team at Bayou Jamb Cheer and Dance Showcase 2024!

WELCOME

Coaches



OUR EVENT INCLUDES

Welcome to Bayou Jamb Cheer and Dance Showcase!

We are excited to host an awesome experience for all who attend and showcase some of the best scholastic teams in Louisiana!

OUR EVENT INCLUDES:



Electric Atmosphere: A production setting your athletes will love!



Gifts for Everyone: Athletes and coaches, we've got something special for you!



Victory Banners: Specialty banners in every division!



Athlete Medals: All participants take home a collector edition medal!



Coach's Retreat: Free snacks and beverages in our coach's VIP Lounge!



Pump Up The Jamb: Your team's favorite song by request! We will play it!



Capture the Moment: Free video recording for every team and every routine!



Don't Break the Bank: Minimal entry fee cost!



No Extra Costs: Free entry for coaches, and managers plus compete multiple times without breaking the bank!



Shop the Trend: Bayou Jamb's latest gear is on-site and pre-orders are available!



And So Much More!!

TEAM

Divisions



DIVISIONS

WE WANT YOU AND YOUR TEAM HERE!

DIVISIONS AND CATEGORIES

Please take the time to make sure you have registered your team for the correct division that closest fits your team's skill level. Bayou Jamb has worked very hard and taken the input of coaches to provide a fair format that promotes a fun showcase atmosphere. If you do not see a division that meets your team's skill level, please contact Event Director Patti Thurmon at patti@bayoujamb.com to discuss. Bayou Jamb reserves the right to combine divisions based on entry numbers. **DIVISION** is defined by the age of the oldest participant. **CATEGORY** is defined by the type of performance you select. No changes in divisions will be made after the registration deadline of January 3rd, 2024.

CHEER CATEGORIES AND DIVISIONS

SHOW / TRADITIONAL PERFORMANCE DIVISIONS - Music Required - Time limit: 2:30

Junior High Divisions

- Junior High Female/Male

JV Divisions

- JV All Girl Female
- JV Coed Female/1+ Males

Varsity Divisions

- Varsity Female
- Varsity Coed Female/1+ Males

GAME DAY DIVISIONS - Performance must consist of a Band Chant, Situational Sideline, Time Out Cheer, and Fight Song. • Time Limit: 3:00

- Junior High Game Day Female/Male
- JV Game Day Female
- JV Coed Game Day Female/1+ Males
- Varsity Game Day Female
- Varsity Coed Game Day Female/Male

DANCE DIVISIONS - Music Required

- Junior High Jazz, Pom, Hip Hop, or Kick
- JV Jazz, Pom, Hip Hop, or Kick
- Varsity Jazz, Pom, Hip Hop, or Kick

TEAM

Information



TEAM REGISTRATION

Registration for teams is due January 3, 2024. A late fee of \$50 will be assessed after this date. No registrations will be accepted after January 10, 2024.

PRICING FOR TEAM MEMBERS/ALTERNATES/CROSSOVER

\$10 per Team Member

\$15 per Crossover Team Member. This is specifically designed for team members showcasing in two divisions for their school.

\$10 per Alternate Team Member (this is a one-time charge per athlete regardless of crossover)

FREE – Coach, Managers, Spotters (must be registered on the roster prior to event).

All team members, alternates, crossovers, and team managers listed on the team roster who have paid the registration fee will be allowed entrance into the showcase. In the event a fee has not been paid for a team member, alternate, crossover, or team manager this must be paid at the team door before they will be admitted.

Each team member, including alternates, should complete a waiver form to be on file and be listed on the team roster.

Please note the number of team members, alternates, and team managers you register is the number used when ordering medals for Varsity divisions.

All performances will receive feedback from our panel of judges.

REQUIREMENTS TO COMPETE

Teams must be affiliated with a junior high or high school in the State of Louisiana. Each team may enter a maximum of 2 routines. A team must have a minimum of at least 3 members on the team to compete.

PARTICIPANT WAIVERS

The Bayou Jamb Cheer and Showcase Waiver can be found on our website. Each participant should complete the waiver. ALL waivers need to be received by Wednesday, January 3rd, 2024 to avoid a \$50 processing fee.

TEAM ROSTERS

Please fill out a roster for each team that will be competing. Be sure to include all coaches, team members, alternates, and team managers on the form. This form is used to verify total payment due, to verify all waivers are on file and complete, and will be used the day of the showcase at check-in and random roster checks.

Your roster needs to be received by Wednesday, January 3rd, 2024, to avoid a \$50 processing fee. This can be scanned and emailed to patti@bayoujamb.com

ROSTER CHANGES

If additions are made to your roster after submission, a new signed roster will be required. If you are removing an athlete from your roster, you must contact the Event Director, Patti Thurmon, 24 hours prior to the competition. In the event of a last-minute injury, illness, or emergency occurring less than 24 hours prior to the showcase, notification can be made on site the day of the event.

TEAM PHOTOS

This showcase will be featuring all teams throughout the State of Louisiana. Please submit your team photo (jpeg format) no later than Wednesday, January 3rd, 2024, to patti@bayoujamb.com.

TEAM

Information



TEAM DETAILS

MUSIC INFORMATION FORM AND SUPPORTING DOCUMENTS

The USA Music Copyright Policy is applicable to all Bayou Jamb Events. Teams showcasing in the State of Louisiana are required to follow the national copyright laws. To participate in the Bayou Jamb Cheer and Dance Showcase, the coach is obliged to fill out the prescribed form guaranteeing that their music mix meets all regulations.

The Bayou Jamb, LLC Music Information Form and supporting music must be submitted no later than Wednesday, January 3rd, 2024, to patti@bayoujamb.com

MUSIC

Selection of music is at the discretion of the director but MUST be appropriate for a family audience (no profane/vulgar or suggestive lyrics) Music should be submitted prior to the showcase. TEAM MUSIC is sent to: patti@bayoujamb.com Please put in the subject area: School Name, Routine Category, and Division. Make sure to have a backup of the music or on an ipod, iphone (phone), MP3 player, or ipad. We will have someone playing all the music that has been preloaded so that you may watch your team's performance. However, it is a good idea to have a designated coach assigned for any music questions. If there is a pause in the music, you MUST let the music person know PRIOR to the team's performance. The gentlemen who will be running the sound equipment are very good, but we want to make sure your performance is spectacular! Be sure you watch the schedule and are waiting on deck near the sound equipment table when your team is coming up. Remember that all music must follow the USA Music Copyright.

APPAREL TEAM PRE-ORDERS

Bayou Jamb Apparel pre-orders can be placed as a team or as individuals.

There will be no need to wait in line and you will get the size and style you want.

Apparel orders will be picked up at Team Registration the day of the event. Someone will sign off that the order has been picked up and is accurate.

All pre-orders must be placed online by Wednesday, January 3rd, 2024.

Pre-order Prices: \$20 for short-sleeved t-shirts, \$40 for crewneck sweatshirts, and \$45 for hooded sweatshirts.

Apparel quantities will be limited onsite at the event and the prices will increase \$5 per item.

We will have a vendor onsite able to personalize your items and add bling to them as well.

PERFORMANCE VIDEO AND PHOTOGRAPHY

All teams and individuals will have the option to purchase a video of their performance and team photo.

SECURITY

Bayou Jamb, LLC has hired Security for the event. The purpose of this is to ensure only those authorized are in this space and for the safety of our athletes and spectators.

SAFETY RULES

Teams must follow all rules and regulations regarding safety set forth by NFHS Safety Rules. Safety inspections will not occur before performances and the burden of compliance with safety guidelines falls on the coach. A review of safety protocols will take place prior to warm-up.

SPOTTERS

Bayou Jamb, LLC asked that you provide spotters for your performance. All teams are required to have spotters on the floor and must be properly certified.

TEAM

Information



DETAILS OF THE DAY

TEAM CHECK-IN (West Monroe Sports and Event Center)

When you arrive at West Monroe Sports and Event Center, coaches, team members, should enter the side entrance of the building and proceed to team check-in. If your team is arriving by bus, you will want to be dropped off on the side of the event center and follow the signs for bus parking. Coaches, registered team members, and 1 bus driver will be admitted without charge, but MUST check-in together. We ask that you have your team line-up in ALPHABETICAL order to speed up the process. It is highly suggested that team's check-in a minimum of 1 hour prior to their first scheduled report time. At this time all coaches and team managers will receive a pass that must be worn visible. This pass will give you access to the team areas, marking areas, backstage, and competition floor. In addition, coaches will turn in any missing items not checked off on the checklist and teams will receive a folder containing important information for the day. Coaches and cheerleaders will be directed to the reserved area for teams where they will keep all their belongings. This area is NOT a private room. You may use these rooms for changing, but they will be shared. Please do not congregate in the restrooms while changing. We ask that you refrain from using the restrooms for fixing hair and make-up. Bring a mirror if needed. Also, please remember to leave your valuables at home. Bayou Jamb, LLC is not responsible for any lost or stolen items.

THE FLOW PRIOR TO YOUR PERFORMANCE

All teams will follow this routine prior to performing. It will start about 45 minutes prior to your scheduled performance time. Please be on time.

1. Station 1 – Report for Warm-Up: Your team will check in for warm-ups and be escorted backstage.
2. Station 2 – Safety Protocols: Your team will have a review of safety protocols in our first-aid area.
3. Station 3 – Pictures: Your team will have a team photo taken in assigned area.
4. Station 4 – Stretching & Wait: Teams will have the opportunity to stretch while waiting to be called to the warm-up mats. This is a stretch area only.
5. Station 5 – Full Routine Warm Up Mat: Your team will have 5 minutes on 54 x 42 ft dead cheer floor to practice.
6. Holding Area: Depending upon the flow of the competition, your team will be taken to an area for staging. Many teams will leave the warmup mat and go directly to the hall.
7. In the Hole and On Deck: Teams will enter this area and wait to be announced to perform: In the Hole (moves to On Deck) and On Deck (next to perform).
8. Performance: Please discuss the team's entrance to the performance mat to avoid a Delay of Performance.
9. Debriefing: Following a team's performance, the team will exit the mat on the opposite side from the entrance. A staff member will lead the team to a debriefing area where coaches will join them.
10. Meet and Greet: A staff member will guide the team to a room to meet fans, view their performance video, and see their professional team portrait. Please inform fans.

DURING YOUR PERFORMANCE

Only coaches and team alternates will be allowed to sit directly in front of the mat. However, there will be a TAPE LINE that we will ask you to sit behind. A coach or designated person should also sit at the announcers' table, which is where you will play your music. Please have the person running your music be there while your team is On Deck. Other teams from your program, sister teams, etc. will have a reserved section off the front corner of the mat. We need to keep the front clear for our judges, photographers, the videotaping crew, and other media. Thank you in advance for your cooperation.

TEAM

Information



DETAILS OF THE DAY

CHEERLEADER / DANCE AREAS

The team area, backstage area, and competition floor is only for cheerleaders, their coaches, and event workers. No other parents or spectators will be allowed in these areas. Spectators will not be able to enter the enclosed team area. When cheerleaders are done performing and want to watch the competition, you will need to head upstairs to the balcony area where all the spectators are seated. Due to the fact the venue is so much larger there are no restrictions as to where cheerleaders may be seated. Only if they are supporting a team from their school/gym will they be allowed to be seated in the reserved section on the competition floor.

OPEN PRACTICE SPACE

We are planning to have an open practice mat available. A certified coach must be present with their team. Please be considerate of other teams waiting and limit your time in this area. A Bayou Jamb event worker will be monitoring the use of the area to assure all teams are able to use the space.

SPECTATORS

Admission is \$15 for adults, \$10 for children 6–16 yrs, and FREE for children under 5yrs. Children not in school yet are free. This fee will be charged one time per person. In the event you want to leave and come back you will need to have a wristband to regain admittance.

NEW BAG POLICY and SAFETY MEASURES: To provide a safer environment and significantly expedite guest entry, the Event Center encourages you to not bring a bag to an event or to limit the size of bag that you bring. We suggest clear totes (plastic, vinyl or PVC) which do not exceed 12" x 6" x 12", gallon-size plastic storage bags or small bags or clutch purses no larger than 4.5" x 6.5". Oversized bags and backpacks are prohibited for spectators.

BUSES

Busses can drop off the teams at the side entrance of the West Monroe Sports and Event Center and then move to the parking area for buses. A map will be provided closer to the event.

SPENDING MONEY

Cheerleaders and spectators may want to have money to spend on:

- Food from the concession stands because no coolers or outside food is allowed in the venue.
- Purchasing the video / photo from the day ***No Video Taping Allowed!***
- Purchasing a 2024 Bayou Jamb Cheer / Dance Apparel (\$25–50)
- Some of the vendors will also have fun cheerleading items for sale as well as the opportunity to personalize your apparel items.

FIRST AID

We will have a staff of medical professionals on site for your first aid needs. Their room will be located close to the warm-up area. Please supply your own tape for athletes that need to be taped regularly.

REFUND POLICY

There will be no refunds due to inclement weather or after the registration deadline of January 3rd, 2024. Also, at this time all outstanding registration fees must be paid in full regardless of participation.

BAYOU JAMB CHEER AND DANCE SHOWCASE WILL RUN IN FOUR SESSIONS.

Bayou Jamb will NOT start sessions early. (These times are approximate and may change depending on the number of registrations received) Once all teams have performed, trophies will be awarded.

TEAM

Information



DETAILS OF THE DAY

SCORESHEETS

Scoresheets will be available to coach as soon as possible following division awards. This is not a competition, but an attempt to showcase the talent of participating teams and help prepare for future competitions.

RULES FOR ALL PARTICIPANTS

The intent for the showcase is to create a positive experience and atmosphere for all participants.

- Hair can be worn in a full ponytail or half up (from the ears back). All face-framing hair must be pulled back if it reaches the participant's eyes.
- A code of conduct and good sportsmanship should always be followed.
- No loose glitter. No jewelry.
- Alternates must be included in registration. Team Managers, Coaches and spotters must be listed on the registration form but are not charged for entry. Participants who are considered the spotters for a stunt must be attentively spotting.
- All members of the cheerleading squad or dance team must be current members of the official school spirit squad.
- Traditional Routines have a time limit of 2:30 with up to 1:45 allowed for music and a minimum of 45 seconds for the cheer.
- Game Day performances have a maximum performance time of 3:00 (minutes).

QUESTIONS ON SHOWCASE OR REGISTRATION PROCESS

- ❖ Patti Thurmon, Event Director
 - (Cell) 318-372-1133
 - email: patti@bayoujamb.com
bayoujamb.com